

**PROFILE**

Sustainability Consultant with over 15 years of professional experience in consultancy and research centres, having collaborated with public and private organisations in the area of sustainability. Currently working with organisations of all sizes and complexities in the development and application of Organisational Sustainability Indicators and in the elaboration of Corporate Sustainability Reports according to the Global Reporting Initiative (GRI) standards, in the quantification of the Carbon Footprint according to ISO 14064-1 and in the implementation and management of Environmental Management Systems (ISO 14001). Ana adopts a flexible approach to any project and is focused in meeting deadlines and being attentive to the specificities of each project/client.

**KEY COMPETENCES**

**SUSTAINABILITY AND ENVIRONMENT**

Carbon Footprint and Environmental Management  
 GRI Standards, ISO 14061-1, ISO14001, ISO 20121 and other standards

**OPERATIONS MANAGEMENT**

Project Management  
 Customer Satisfaction  
 Research and Development

**WORK EXPERIENCE**

**Suberconsulting, Ltd.**  
 Since 2018

**Sustainability Consultant**

- Support with the development and application of organisational sustainability indicators in accordance with the latest 2021 Global Reporting Initiative (GRI) standards and the United Nations Sustainability Principles - UN Global Compact. Preparation of the Companies' Sustainability reports according to the international GRI standards.
- Support with the implementation and management of ISO standards related to the Quantification and Verification of Carbon Inventories (ISO 14064-1; ISO 14064-3), Quality (ISO 9001), Environment (ISO 14001), Sustainable Events (ISO 20121) and Occupational Health and Safety (ISO 45001).

**Achievements:** Logan Construction (ISO 14064-1), Greenblue (ISO14064-1), Coryton (ISO140064-1), Henry Shein (ISO 14064-1, ISO 14001), Eight Associates, Ltd. (ISO 9001, ISO 14001); GAMA Healthcare, Ltd. (ISO 14001); Burough, Ltd. (ISO 9001, ISO 14001); CEGELEC, Lda. (ISO 9001, ISO 14001 e ISO 45001); Pracsis, Ltd. (ISO 20121).

**Various Universities**  
 (Leeds Beckett University,  
 Universidade de Lisboa e  
 Lisbon School of  
 Economics and  
 Management - ISEG)  
 Since 2004

**Researcher, lecturer and trainer**

- Participation in conferences, seminars and similar events;
- Development of pedagogical contentes and training;
- Engaged in R&D, applied research and in the development of innovative methodologies;
- Development of surveys and interviews and their analysis (quantitative and qualitative);

- Team coordination and management;
- Assistant Lecturer in MSc Responsible Tourism Management, Natural Resources and Environmental Management module. Module Leader, Individual Project, BSc Travel Business Management (distance learning).

**Achievements:** Intensive Training Course on Resilience and Sustainability of Tourism Destinations (18-19 March, 2019) SOCIUS/ISEG/ Lisbon School of Economics and Management. Partnership: APEA; LNEG- Energy Laboratory, EU Project Building SPP - Capacity Building in Public Procurement; Institute of Geography of Lisbon University, International Project: SECOA- Solutions for Environmental Contrasts in Coastal Areas: global change, human mobility and sustainable urban development (FP7- ENV2009 2.1.5.1); International Centre for Responsible Tourism (Leeds Metropolitan University), PhD Project: Environmental Engagement and Small Tourism Enterprises.

### NEMUS, Gestão e Requalificação Ambiental, Lda.

From 2001 to 2004

#### Sustainability Consultant and Quality Manager

- Management of the company's Quality System;
- Team management;
- Project Coordination;
- Proposals development.

**Achievements:** Implementation and Management of the Quality Management System (ISO 9001) of the company; Co-coordinator of the Interim Evaluation Study of the Environment Operational Programme, in the period 2000-2003; Coordination of Environmental Impact Studies.

## EDUCATION

### PHD in Sustainable Tourism. Thesis: "Environmental Engagement and Small Tourism Businesses".

International Centre for Responsible Tourism, Leeds Metropolitan University

### Environmental Engineering Degree.

Faculdade de Ciências e Tecnologia da Universidade Nova de Lisboa

## OTHER RELEVANT TRAINING AND EDUCATION (detailed portfolio by request)

### Training

Tutor training- Certificado de Competências Pedagógicas (CCP) since 2002

### Carbon Footprint

ISO 14064-1 e 14064-3, Greenhouse Gases Verficiation, SGS (24 horas)

### Sustentabilidade

Sustainability Reports | GRI Standards | Review 2021 (15 horas)

Evaluation of Sustainability, Vienna University of Economics and Business (40 horas)

### Ambiente

ISO 14001, Environmental Management Systems, SGS (18 horas)

### Empreendedorismo

VI Edition of the Technology-based Entrepreneurship Course, OTIC, Universidade Técnica de Lisboa (33 horas)

**LANGUAGES**

**Portuguese** native; Fluent in written and spoken English.

**COMPUTER SKILLS**

Experienced with MSF Office.

